

# Asparagus Pea

Suggested varieties: *Tetragonolobus purpureus* (botanical name)

Vegetable

PLANT



Sow seed 1cm deep in pots and transplant, or sow in single or double rows. Space plants 15x30cm apart. Choose fertile soil in sunny site

GROW



Avoid making young plants too wet; they are slow to develop and prone to rotting. Water plants after flowering starts to make pods more tender

EAT



Regularly cut off pods when 2-3cm long. Longer pods are stringy. Pods are easier to pick in the evening as the leaves fold downwards

## Growing guide

Give it a go...

## Average time to harvest

8-10 weeks

## Equipment needed

None

## Germination time

21 days

## Average plant size

60cm tall, 15cm wide.

## Family group to grow with


Legumes: beans, peas

## Seed saving group

2 - Annual, can cross-pollinate

## Key nutritional content

Vitamin C, folate


Spring Term			Summer Term				Autumn/Winter Term				
J	F	M	A	M	J	J	A	S	O	N	D
											

Sow indoors

Sow outdoors

Plant out/transplant

Harvest

 Use cloche

2.5cm = 1 inch 30 cm = 1 foot

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