

Seeds & young plants

Growing from seed is easy and rewarding with a few simple steps

Top tips

- Use fresh or well stored seed
- Keep seedlings in a light position
- Keep soil/compost moist
- Protect plants from slugs

Looking after plants

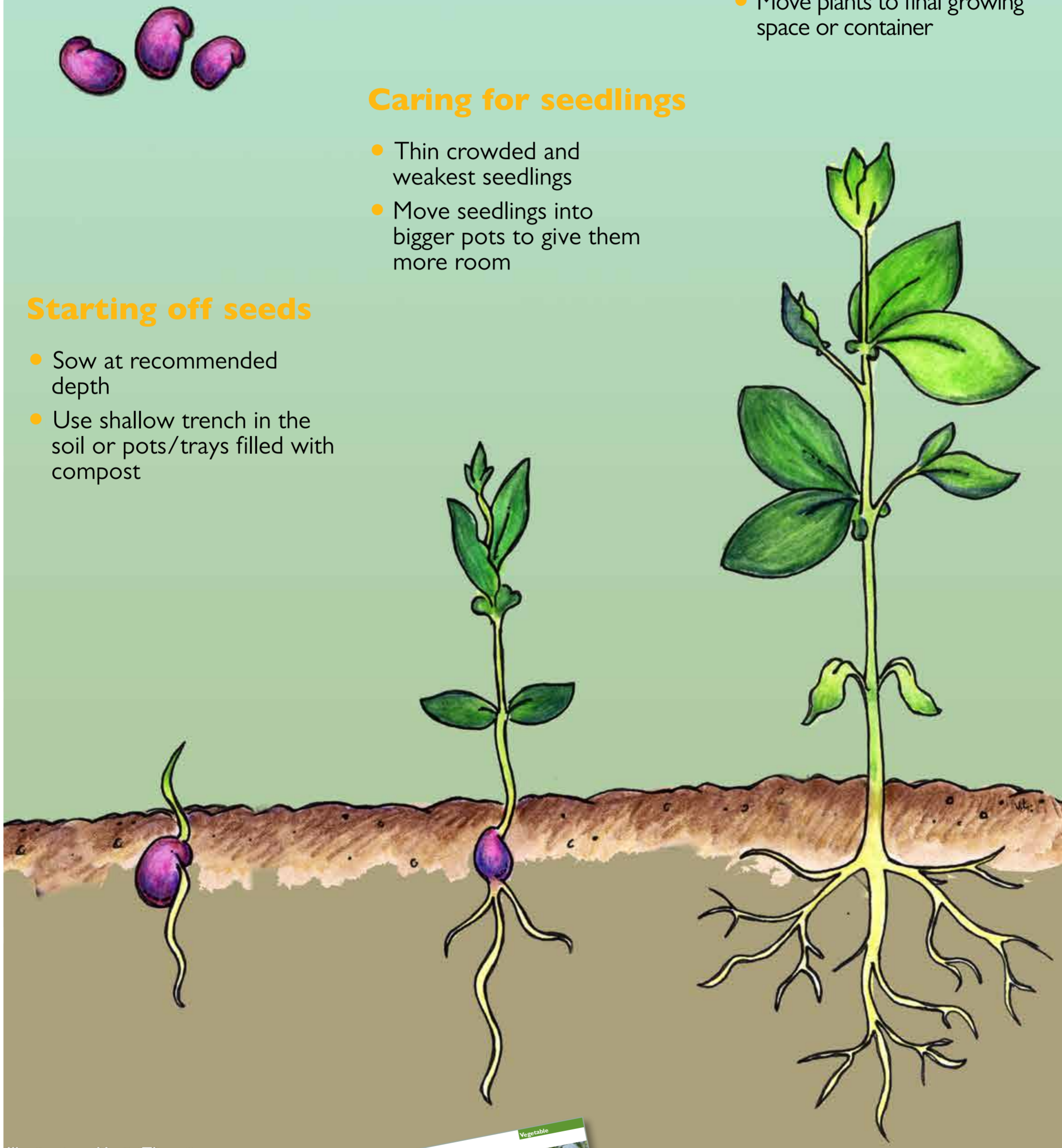
- Watch out for pests and diseases
- Move plants to final growing space or container

Caring for seedlings

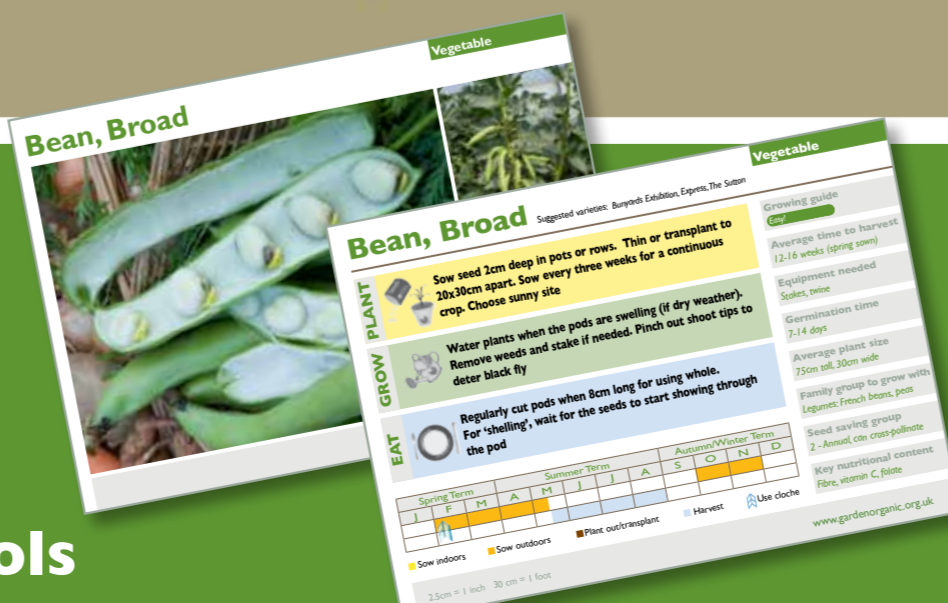
- Thin crowded and weakest seedlings
- Move seedlings into bigger pots to give them more room

Starting off seeds

- Sow at recommended depth
- Use shallow trench in the soil or pots/trays filled with compost



Illustrations: Verity Thompson



Further information

Booklets: Bronze, Silver and Gold
Food Growing Instruction Cards
Garden Organic

www.gardenorganic.org.uk/schools

